

# **AGENDA**

## **Seniors Advisory Committee**

**Tuesday, June 18, 2019**

**9:30 am**

**Crosbie Road**

**ST. JOHN'S**

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**AGENDA**  
**SENIORS ADVISORY COMMITTEE**  
**June 18, 2019 – 9:30 am. – Kenmount Terrace**

**Please note:** Committee members will meet at Kenmount Terrace for 9:30 a.m. (unless they're meeting us at Nagle Manor) and be transported to Nagle Manor to tour the Affordable Housing unit at 22 Convent Square. Following the tour we will head back to Kenmount Terrace to conclude our meeting.

Note: At the end of the meeting we'll do a tour of the Kenmount terrace facility.

**1. CALL TO ORDER**

**2. APPROVAL OF THE AGENDA**

**3. DELEGATION**

**4. ADOPTION OF THE MINUTES**

- a. Minutes of May 8, 2019 meeting

**5. BUSINESS ARISING**

- a. Information Note dated June 18, 2019 re: Age Friendly Cities
- b. Information Note dated June 18, 2019 re: Seniors Day 2019
- c. Information Note dated June 18, 2019 re: Stella's Circle – Home to Stay
- d. Information Note dated June 18, 2019: Party in the Park

**6. NEW BUSINESS**

**7. OTHER BUSINESS**

- a. Next Meeting Date

**8. ADJOURNMENT**

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## Seniors' Advisory Committee - Minutes

**May 9, 2019**

**9:30 a.m.**

**Crosbie Road Board Room**

Present: Glenda Reid, Citizen Representative  
Sam Wells, Chair  
Lorraine Best, Seniors NL  
Devonne Ryan, Public Representative (19-35)  
Deanne Stapleton, Council Representative  
Neil Hamilton, CARP  
Neil Moores, NLPSPA  
Sharron Callahan, CARP  
Patsy Yetman, Citizen Representative

Staff: Karen Sherriffs, Manager of Community Development  
Judy Tobin, Manager of Housing  
Robyn Dobbin, Adult & Seniors Co-ordinator  
Maureen Harvey, Legislative Assistant

Regrets: Sam Wells  
Ruby Constantine  
Linda Babstock

**1. CALL TO ORDER**

In the absence of the Chair, Sharron Callahan called the meeting to order.

**2. APPROVAL OF THE AGENDA**

**Moved By** Neil Hamilton

**Seconded By** Patsy Yetman

That the agenda be approved as presented.

**CARRIED UNANIMOUSLY**

**3. ADOPTION OF THE MINUTES**

**3.1 Adoption of Minutes - March 12, 2019**

**Moved By** Neil Moores

**Seconded By** Lorraine Best

That the minutes of the Seniors Advisory Committee held on March 12, 2019 be adopted as presented.

**CARRIED UNANIMOUSLY**

**4. BUSINESS ARISING FROM MINUTES**

**4.1 Information Note dated May 6, 2019 re: Seniors Day 2019**

The sub-committee for Seniors Day will be meeting on May 17th at 10:00 am at the Mews Centre.

The Committee was updated on the work of the sub-committee, to date, with respect to Seniors Day 2019. Updates were given as follows:

- Budget for the day is \$4,000. It is anticipated we will be overbudget by approximately \$200 because, this being the first seniors day event at Paul Reynolds Community Centre, it is necessary to engage Canadian AV to assist with the PA system.
- Presenters will be Bruce Templeton (St. John's Christmas Parad Santa) Remuneration will be given to him via a donation to a charity of his choice.
- Of 60 organizations emailed, 17 booth spaces have been confirmed. Given the ample space in the building it was agreed to send a follow up email to those who have not responded.
- Assessment of Facility - Sub-committee reviewed with Leslie O'Brien and it is considered to be a good venue.
- Sub-committee will be doing an action plan for that day.

- Event is June 6th from 12 - 4 pm. Everyone on the Committee will have a role.
- Parking - Confirmed that there will be designated staff assigned to parking.
- Judy Tobin will make a presentation on housing.
- There is a robust communications plan promoting the event including city website, posters for all community buildings, electronic posters, etc. City's Communications Department is coordinating.
- Staff agreed to provide an information note for Council on June 3rd Council Meeting.

Devonne Ryan joined the meeting at 9:52 am.

#### **4.2 Information Note dated May 6, 2019 re: Age Friendly City**

The Committee reviewed the above-noted Information Note which allowed it to review the checklist categories that have been completed that will support the City in being recognized as an Age-Friendly City with the Whole Health Organization (WHO).

Discussion took place and a number of items on the checklist were updated. A copy of the checklist is appended to these minutes.

Given there is no specific deadline for submission, it was agreed that this matter be retained as a running agenda item until finalized. It is hoped it will be concluded before year end.

Devonne Ryan left the meeting at 10:45 am.

#### **4.3 Information Note dated May 6, 2019 re: Party in the Park**

The Committee was informed that Party in the Park is a free senior's annual event that takes place in front of the bungalow in Bowring Park. It's an afternoon filled with live entertainment, giveaways, light refreshments and more. The event will take place from 1 to 4 p.m. on July 4<sup>th</sup> with a rainy day back up being July 5.

The City will be providing a bus for a modest fee of \$5. The event is accessible and all Go Bus and cars with accessible permits will be permitted to come and drop off those attending. There will be a limited

number of parking spaces provided. Staff will continue to move forward with the organization of this event and keep the Committee apprised.

In the past the Ladies in past Ladies Auxillary and Bowring Park Foundation provided support. It is hoped that more volunteer support can be secured.

#### **4.4 Information Note dated May 6, 2019 re: Senior of the Year**

The Committee was informed that following today's meeting, the sub-committee for Senior of the Year will meet to review nominations received. Two applications have been received.

It was noted that the recipient will be selected and recognition given at the June 3rd Regular Meeting of Council.

### **5. OTHER BUSINESS**

#### **5.1 Innovation Lab - Judy Tobin**

Judy Tobin, Manager of Housing provided the Committee with Information on an Innovation Lab which is being hosted by the Federal Department of Employment and Social Development.

- The Innovation Lab is a strategic corporate resource for Employment and Social Development Canada (ESDC).
- The Lab offers a suite of human-centered tools that incorporate design thinking (e.g. co-creation and new methods to problem solving) and behavioural insights (BI), to develop new solutions that are responsive to the changing needs of Canadians.
- The Lab brings together key stakeholders at the beginning of a project to reduce the incubation period between policy development, program design and service delivery to Canadians.

The 2019 Project is to increase the uptake of the Guaranteed Income Supplement (GIS). A presentation will be taking place in St. John's on May 15th and will be attended by Judy and Sharron Callahan.

Recognizing Seniors Day on June 6, the Committee felt it would be a good idea for Judy Tobin to attend the event and share information about the purpose and outcome of this Innovation Lab.

It was further agreed that staff should to attempt to secure specialists for information sessions on topics of OAC, CPP, GIS, Tax Credits, Wills,

Advanced Health Care Directives, Power of Attorney, and Endured Power of Attorney.

6. **ADJOURNMENT**

There being no further business, the meeting adjourned at 11:12 am with the next meeting being scheduled for mid June.

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CHAIRPERSON  
SHARRON CALLAHAN

# INFORMATION NOTE

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**Title:** Age Friendly Cities

**Date of Meeting:** June 18th, 2019

**Report To:** His Worship the Mayor and Members of Council

**Councillor and Role:** Councillor Deanne Stapleton

**Issue:** Age Friendly Cities

**Discussion – Background and Current Status:**

Review Sub-Committee and determine date for next meeting

**What is an Age Friendly Community, and Why Become Age Friendly?**

We live in an aging community and statistics show that Canada's senior population is growing. Therefore, it is crucial that we support the health and well-being of older Canadians. This allows for older adults to live healthy and active lives and stay involved in their communities.

In an age-friendly communities, policies, services and structures are designed to help seniors age actively and the community is designed to help seniors live safely, stay healthy and stay involved.

**An age-friendly community:**

- recognizes that seniors have a wide range of skills and abilities;
- understands and meets the age-related needs of seniors;
- respects the decisions and lifestyle choices of seniors;
- protects those seniors who are vulnerable;
- recognizes that seniors have a lot to offer their community; and
- recognizes how important it is to include seniors in all areas of community life

The Whole Health organization (WHO) Global Network for Age-friendly Cities and Communities was established in 2010. The goal is to connect cities, communities and organizations with the mutual vision of making their community a place to grow old and participate successfully. Ideally this results in adopting policies and services for older adults participate fully and promotes healthy and active ageing.

The mission of the Network is to stimulate and enable cities and communities around the world to become increasingly age-friendly. The Network seeks to do this by:

- inspiring change by showing what can be done and how it can be done;

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- connecting cities and communities worldwide to facilitate the exchange of information, knowledge and experience; and
- supporting cities and communities to find appropriate innovative and evidence-based solutions.

Membership to the Network is not an accreditation for age-friendliness. Rather, it reflects cities' commitment to listen to the needs of their ageing population, assess and monitor their age-friendliness and work collaboratively with older people and across sectors to create age-friendly physical and social environments. Membership is also a commitment to share experience, achievements and lessons learnt with other cities and communities.

[\(https://extranet.who.int/agefriendlyworld/who-network/\)](https://extranet.who.int/agefriendlyworld/who-network/)

### **8 key domains to become age friendly:**

- outdoor spaces and buildings;
- transportation;
- housing;
- social participation;
- respect and social inclusion;
- civic participation and employment;
- communication and information; and
- community support and health services

### **Key Considerations/Implications:**

1. Budget/Financial Implications
2. Partners or Other Stakeholders
3. Alignment with Strategic Directions/Adopted Plans
  - A sustainable City- A City that is sustainable today and for future generations; economically, environmentally and financially
  - A City That Moves- A city that builds a balanced transportation network to get people and goods where they want to go safely
  - A Connected City- A city where people feel connected, have a sense of belonging, and are actively engaged in community life
  - An Effective City- A City that performs effectively and delivers results
4. Legal or Policy Implications
  - n/a
5. Privacy Implications:
  - n/a

6. Engagement and Communications Considerations

- n/a

7. Human Resource Implications

- n/a

8. Procurement Implications

- n/a

9. Information Technology Implications

- n/a

10. Other Implications

**Conclusion/Next Steps:**

Review and continue to work closely with Sub-committee and bring updates back to the Committee.

**Prepared by/Date:**

Karen Sherriffs, Community Development Manager – Recreation Division, Department of Community Services-June 12th, 2019

**Approved by/Date:**

**Attachments:**

Complete required pieces of Application to join the Network  
<https://extranet.who.int/agefriendlyworld/application-form/>

# INFORMATION NOTE

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**Title:** Seniors Day 2019

**Date of Meeting:** June 18th, 2019

**Report To:** His Worship the Mayor and Members of Council

**Councillor and Role:** Councillor Deanne Stapleton

**Ward:** Not Ward Specific

**Issue:** Review- Seniors Day 2019

**Discussion – Background and Current Status:**

Seniors Day 2019 with the support from the Seniors Advisory Committee was a great success. In total there were 208 seniors in attendance, 24 organizations which provided information booths and 15 staff and volunteers. The change in venue to Paul Reynold's Community was very well received. The venue provided ample space for: accessibility, participants, booths, and for staff & volunteers to prepare and serve food effectively.

**Key Considerations/Implications:**

1. Budget/Financial Implications
  - This event is budgeted for 7333-57988
2. Partners or Other Stakeholders
  - 24 Organizations provided information booths
3. Alignment with Strategic Directions/Adopted Plans
  - A Connected City- A city where people feel connected, have a sense of belonging, and are actively engaged in community life
  - An Effective City- A City that performs effectively and delivers results
4. Legal or Policy Implications
  - n/a
5. Privacy Implications:
  - n/a
6. Engagement and Communications Considerations
  - The communications team provided marketing and promotion for this event.

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7. Human Resource Implications

- The event was planned and coordinated by the Seniors advisory subcommittee and Recreation staff and other city divisions.

8. Procurement Implications

- n/a

9. Information Technology Implications

- n/a

10. Other Implications

- n/a

**Conclusion/Next Steps:**

- The committee will review Seniors Day and provide the information needed for staff to complete the Seniors Day final report.

**Prepared by/Date:**

Karen Sherriffs, Community Development Manager – Recreation Division, Department of Community Services- June 12th, 2019

**Approved by/Date:**

**Attachments:**

# INFORMATION NOTE

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**Title:** Stella's Circle- Home to Stay

**Date of Meeting:** June 18th, 2019

**Report To:** His Worship the Mayor and Members of Council

**Councillor and Role:** Councillor Deanne Stapleton

**Ward:** Not Ward Specific

**Issue:** Stella's Circle- Home to Stay

**Discussion – Background and Current Status:**

On June 10<sup>th</sup>, Manager of Community Development, Karen Sherriffs and Coordinator of Adult & Seniors Programming Robyn Dobbin met with employees of Stella's Circle to discuss their new initiative "Home to Stay." Along with "home to Stay" we discussed other services that both the City and Stella's Circle provide.

Stella's Circle provides services to adults who face many barriers to fully participating in their community. These barriers include mental health challenges, addictions, trauma, poverty, homelessness, criminal justice involvement, low literacy, and long periods of unemployment.

Home to Stay, a social enterprise of Stella's Circle, has the expertise to make a home age-friendly. They offer professional home modification services that are individualized to your needs.

Their services include:

- Installation of grab bars or handrails
- Bathroom modifications
- Improved lighting
- Falls prevention recommendations
- Installation of lever handles on sinks and doors

**Key Considerations/Implications:**

1. Budget/Financial Implications
2. Partners or Other Stakeholders
3. Alignment with Strategic Directions/Adopted Plans
  - A sustainable City- A City that is sustainable today and for future generations; economically, environmentally and financially
  - A Connected City- A city where people feel connected, have a sense of belonging, and are actively engaged in community life
  - An Effective City- A City that performs effectively and delivers results

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4. Legal or Policy Implications
  - n/a
5. Privacy Implications:
  - n/a
6. Engagement and Communications Considerations
  - n/a
7. Human Resource Implications
  - n/a
8. Procurement Implications
  - n/a
9. Information Technology Implications
  - n/a
10. Other Implications
  - n/a

**Conclusion/Next Steps:**

Provide the committee with all the necessary information to determine the need for further discussion from Stella's Circle and the "Home to Stay" service.

**Prepared by/Date:**

Karen Sherriffs, Community Development Manager – Recreation Division, Department of Community Services- June 12th, 2019

**Approved by/Date:**

**Attachments:**



# INFORMATION NOTE

**Title:** Party in the Park 2019

**Date of Meeting:** June 18th, 2019

**Report To:** His Worship the Mayor and Members of Council

**Councillor and Role:** Councillor Deanne Stapleton

**Ward:** Not Ward Specific

**Issue:** Party in the Park

## **Discussion – Background and Current Status:**

Party in the Park is a free senior's annual event that takes place in front of the bungalow in Bowring Park. It's an afternoon to celebrate seniors through song, dance and socialization. The event will take place on July 4 with backup day of July 5<sup>th</sup> from 1 to 4 p.m. The city will be providing a bus with a small fee of \$5, the event is accessible and all Go Bus and cars with accessible permits will be allowed to come and drop off those attending. There will be a limited number of parking provided.

## **Key Considerations/Implications:**

1. Budget/Financial Implications
  - This event is budgeted for- 7333- Adult & Seniors Programs & Services
2. Partners or Other Stakeholders
  - N/A
3. Alignment with Strategic Directions/Adopted Plans
  - A Connected City- A city where people feel connected, have a sense of belonging, and are actively engaged in community life
  - An Effective City- A City that performs effectively and delivers results
4. Legal or Policy Implications
  - n/a
5. Privacy Implications:
  - n/a
6. Engagement and Communications Considerations

A detailed communication plan is released from the communications and marketing team outlining their plan of action

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7. Human Resource Implications
  - The event is planned by the Adult & Seniors Coordinator & Fieldworker
8. Procurement Implications
  - n/a
9. Information Technology Implications
  - n/a
10. Other Implications
  - n/a

**Conclusion/Next Steps:**

Staff will continue to move forward with the organization of this event with feedback from the committee.

**Prepared by/Date:**

Karen Sherriffs, Community Development Manager – Recreation Division, Department of Community Services- June 12th, 2019

**Approved by/Date:**

**Attachments:**

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